

Course program

AOTrauma Course—Orthopaedic and Trauma Foot and Ankle with Anatomical Specimen

17 Mar 2011 - 19 Mar 2011 Ankaran, Slovenia



Home to Trauma & Orthopaedics



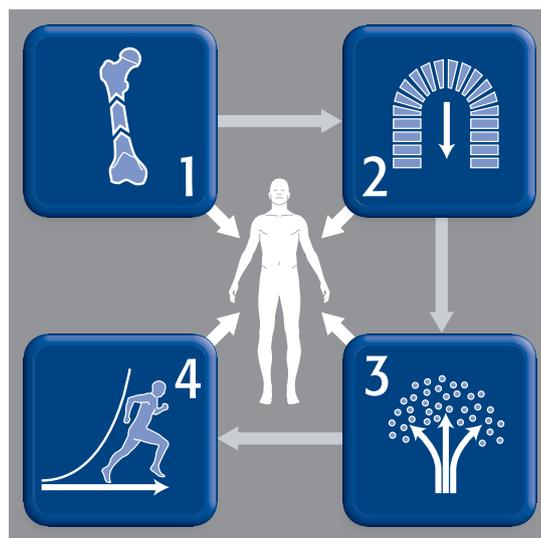
Value statement

AOTrauma is committed to improve patient care outcomes through the highest quality education. We strive to combine the right knowledge and surgical skills that empower the orthopaedic and trauma surgeons to put theory into practice and to improve fracture management for the benefit of the patient.

The AO principles of fracture management

Fracture reduction and fixation to restore anatomical relationships.

Early and safe mobilization and rehabilitation of the injured part and the patient as a whole.



Fracture fixation providing absolute or relative stability, as required by the “personality” of the fracture, the patient, and the injury.

Preservation of the blood supply to soft tissues and bone by gentle reduction techniques and careful handling.

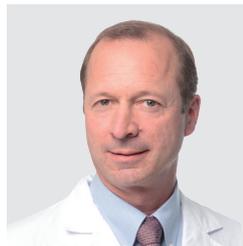
Dear course participant!

Slovenia has a rich history in medicine and it is not by accident the first AO course in foot and ankle surgery ever organized in Balkans will take place in this country.

Scientific presentations by international and national experts in foot and ankle surgery on indications and surgical techniques of various foot pathologies, practical exercises on anatomical specimen, discussion rounds and clinical case demonstrations will provide an advanced knowledge for surgeons wanting to improve their skills in foot and ankle surgery.

The location of the course at the Orthopaedic Hospital Vadoltra and the local chairman Danjil Besič Loredan are both a guarantee for an outstanding organization and it will be our pleasure and honor to meet you next spring in Ankaran.

Pascal Rippstein, MD



Pascal Rippstein

MD, Orthopaedic Surgeon
Head
Foot & Ankle Department
Schulthess Clinic
Lengghalde 2, CH-8008
Zuerich
Switzerland

Dear Colleagues,

It is our pleasure to invite you to the first AO Foot and Ankle Course with practical exercises on cadaveric foot in Slovenia.

Orthopaedic Hospital Valdoltra would like to welcome you on the course with excellent international faculty; we will share with you scientific presentations in foot and ankle surgery focused on problems, indications for surgical treatment of ankle and foot injuries, deformities and disorders. Practical education with surgical operations on cadaveric feet and discussion rounds will be organized.

In this occasion I would like to give personal thanks to Pascal Rippstein who helped me to organize the course and has accepted to be the chairmen with me!

Without his help we could never be able to organise such an excellent course.

Danijel Bešič Loredan, MD



Danijel Bešič Loredan

MD, Orthopaedic Surgeon,
Orthopaedic Hospital Valdoltra
Jadranska c. 31, 6280 Ankaran
Slovenia

Chairpersons

Pascal Rippstein, International Chairman, Switzerland
Danijel Bešič Loredan Local Chairman, Slovenia

pascal.rippstein@kws.ch
danijel.besic@ob-valdoltra.si

International faculty

Xavier Crevoisier, Switzerland
Mark Easley, USA
Hans-Jörg Trnka, Austria

xavier.crevoisier@chuv.ch
easle004@mc.duke.edu
hans4hallux@aon.at

National faculty

Matej Andoljšek, Slovenia
Matej Drobnič, Slovenia
Matej Kastelec, Slovenia
Simon Kovač, Slovenia
Anže Kristan, Slovenia
Dean Ravnik, Slovenia

matej.andoljsek@sb-je.si
matej.drobnic@mf.uni-lj.si
matej.kastelec@kclj.si
simon.kovac@ob-valdoltra.si
anze.kristan@kclj.si
dean.ravnik@mf.uni-lj.si

Thursday, 17 Mar 2011 - Day 1

TIME	AGENDA ITEM	WHO
07:00–08:00	Course registration	
08:00–08:20	Welcome	D. Bešič; M. Cimerman
	Ankle and Hindfoot: Trauma	moderators: M. Kastelec, A. Kristan
08:20–08:50	Anatomy of the Hindfoot	D. Ravnik
08:50–09:20	Ankle fractures, Rupture of deltoid ligament	A. Kristan
09:20–09:40	Calcaneal fractures	M. Andoljšek
09:40–10:00	Talus fractures	M. Kastelec
10:00–10:30	COFFEE BREAK	
10:30–11:00	Midfoot fracture	M. Andoljšek
	Hindfoot: Practical exercises	
11:00–12:00	Practical exercise 1: Surgical approaches on the hindfoot	M. Easley
12:00–13:00	Practical exercise 2: Osteosynthesis of ankle fractures	M. Kastelec; A. Kristan
13:00–14:00	LUNCH BREAK	
	Ankle and Hindfoot: Arhrosis, degenerative changes	moderators: M. Drobnič, M. Easley
14:00–14:30	Ankle arthritis: treatment options	P. Rippstein
14:30–14:50	Ankle arthroscopy	M. Drobnič
14:50–15:20	Ankle arthrodesis	M. Easley
15:20–15:40	Arthrodesis of subtalar joint	H. Trnka
15:40–16:00	Arthrodesis of talonavicular joints	X. Crevoisier
16:00–16:30	COFFEE BREAK	
16:30–16:45	Acute rupture of Achilles tendon	X. Crevoisier
16:45–17:00	Chronic rupture of Achilles tendon	M. Easley
	Ankle and Hindfoot: Practical exercises	
17:00–17:40	Practical exercise 3: Ankle arthrodesis	M. Easley
17:40–18:20	Practical exercise 4: Subtalar arthrodesis	H. Trnka
18:20–19:00	Practical exercise 5: Talonavicular arthrodesis	X. Crevoisier
19:30–23:00	Boat trip with dinner, returning to the hotels at 23:00	

Friday, 18 Mar 2011 - Day 2

TIME	AGENDA ITEM	WHO
	Hindfoot: Deformities	moderators: P. Rippstein; D. Bešič
08:00–08:30	Acquired pes plano-valgus: treatment options	X. Crevoisier
08:30–08:45	Medial sliding osteotomy of the calcaneus	H. Trnka
08:45–09:00	FDL transfer to Tibialis posterior tendon	P. Rippstein
09:00–09:30	Pes cavus: treatment options	M. Easley
09:30–09:45	Dwyer osteotomy	H. Trnka
09:45–10:00	Extension Osteotomy of the 1st metatarsus	X. Crevoisier
10:00–10:30	COFFEE BREAK	
10:30–10:45	Balancing the hindfoot: case 1	M. Easley
10:45–11:00	Balancing the hindfoot: case 2	P. Rippstein
	Hindfoot: Practical exercises	
11:00–11:40	Practical exercise 6: Medial sliding osteotomy of the calcaneus	H. Trnka
11:40–12:20	Practical exercise 7: FDL transfer to Tibialis posterior tendon	P. Rippstein
12:20–13:00	Practical exercise 8: Extension Osteotomy of the 1st metatarsus	X. Crevoisier
13:00–14:00	LUNCH BREAK	
	Forefoot: Trauma, Hallux and lesser toes	moderators: H. Trnka; M. Kastelec
14:00–14:20	Forefoot fractures	M. Kastelec
14:20–14:40	Fracture of the base of the 5th metatarsal	M. Easley
14:40–15:10	Hallux valgus: treatment options	P. Rippstein
15:10–15:40	Hallux rigidus: treatment options	D. Bešič
15:40–16:00	Deformities of the lesser toes	S. Kovač
16:00–16:30	COFFEE BREAK	
16:30–17:00	Metatarsalgia: treatment options	H. Trnka
	Forefoot: Practical exercises	
17:00–17:40	Practical exercise 9: Scarf + Akin osteotomy	P. Rippstein
17:40–18:20	Practical exercise 10: MP1 arthrodesis	D. Bešič
18:20–19:00	Practical exercise 11: ORIF Jones fracture	M. Easley
20:00	Course dinner with participants and faculty	

Saturday, 19 Mar 2011 - Day 3

TIME	AGENDA ITEM	WHO
	Complex foot reconstructions	moderators: S. Kovač; A. Kristan
08:00–08:30	Malunion after ankle fracture	A. Kristan
08:30–08:50	Malunion/nonunion after calcaneus fracture	M. Andoljšek
08:50–09:10	Malunion after hindfoot arthrodesis	X. Crevoisier
09:10–09:30	Malunion after MP1 arthrodesis	H. Trnka
09:30–10:00	Rheumatoid foot: treatment options	P. Rippstein
10:00–10:30	COFFEE BREAK	
10:30–11:00	Iatrogenic forefoot deformities: how to solve the problem?	H. Trnka
	Difficult cases to solve	moderators: H. Trnka, M. Kastelec
11:00–11:20	Case presentation 1	S. Kovač
11:20–11:40	Case presentation 2	M. Kastelec
11:40–12:00	Case presentation 3	X. Crevoisier
12:00–12:20	Case presentation 4	A. Kristan
12:20–12:40	Case presentation 5	M. Drobnič
12:40–13:00	Case presentation 6	D. Bešič
13:00–14:00	LUNCH BREAK	
	Clinical cases	moderators: P. Rippstein, X. Crevoisier
14:00–15:00	Clinical cases discussion	Faculty
15:00–16:00	Bring your cases	All with Faculty
16:00–16:30	Course closure	D. Bešič; M. Kastelec

Course organization

AO Foundation, AOTrauma
Clavadelerstrasse 8, 7270 Davos,
Switzerland
www.aotrauma.org

Orthopaedic Hospital Valdoltra
Jadranska c. 31, 6280 Ankaran, Slovenia
www.ob-valdoltra.si

AOTrauma Slovenia

Course venue

Orthopaedic Hospital Valdoltra
Jadranska cesta 31
6280 Ankaran, Slovenia

Distance to Ljubljana Airport: 127 km

Distance to Venice Airport: 169 km

Distance to Trieste Airport: 59 km

Course logistics

Metalka MEDIA, d.o.o.
Dalmatinova ulica 2
1000 Ljubljana
Slovenia

Tomaž Petrič
Špela Tanaskovič

Phone +386 (0)1 230 84 65
E-mail spela.tanaskovic.mzm@siol.net
E-mail tomaz.petric.mzm@siol.net

Hotel acomodation

• **Hotel Convent*****

• **Bor Annex*****

• **Cedra Annex*****

Address: Jadranska 25, SI-6280 Ankaran, Slovenia

Price per single room/night: 49,00 EUR

Price per double room/night: 49,00 EUR/pers

Prices include breakfast.

Tourist tax: 1,01 EUR per day

Accommodation is not included in the course fee and has to be paid directly to the hotel.

Please book your accommodation at
hotel@adria-ankaran.si

see http://www.adria-ankaran.si/index.php?option=com_frontpage&Itemid=1&lang=en

or call the hotel directly to secure your accomodation:
+ 386 5 66 37 300.

For special price please mention **AO COURSE** when the hotel room is reserved.

All three hotels are in walking distance (700 meters) from the course venue.

Course information

Evaluation guidelines

All AOTrauma courses apply the same evaluation process, either ARS (audience response system) or paper and pencil questionnaires. This will help AOTrauma to ensure that we continue to meet your training needs. In some regions, CME accreditation is dependent on the participant's evaluation results.

Intellectual property

Course materials, presentations, and case studies are the intellectual property of the course faculty. All rights are reserved.

Recording, photographing, or copying of lectures, practical exercises, case discussions, or any course materials is absolutely forbidden.

Security

Security check at the entrance of the building. Wearing of a name tag is compulsory during lectures, workshops, and group discussions.

No insurance

The course organization does not take out insurance to cover any individual against accidents, thefts or other risks.

Mobile phone use

Mobile phone use is not allowed in the lecture halls and in other rooms during educational activities. Please be considerate of others by turning off your mobile phone.

Transportation

Not provided for participants

Dress code

Casual

Course language

English

Course registration

Online registration only:

http://www.aotrauma.org/eventdetails.aspx?id=704&from=PG_COURSEDIRECTORY

Course fee

early registration before January 15, EUR 1.000,00
late registration after January 16, EUR 1.200,00

Included services

- Course bag
- Coffee breaks
- Course dinner
- Lunch
- Course materials

Payment option

Bank transfer

Account number: 02923-0256774563

Bank: Nova Ljubljanska banka d.d., Trg republike 2, SI-1520 Ljubljana

Swift code: LJBAS12X

Account holder: Metalka Media, d.o.o.

IBAN: SI56 02923 0256774563

Ref: AO Course Foot and Ankle + delegate name



Hotel Convent

Jadranska 25, SI-6280 Ankaran, Slovenia

Phone: + 386 5 66 37 300

<http://www.adria-ankaran.si/>



Photo by Portorož Tourism Association

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AO Foundation

AOTrauma Europe, Clavadelerstrasse 8, 7270 Davos, Switzerland
Phone +41 81 414 27 25, Fax +41 81 414 22 80, info@aotrauma.org

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